



The Fabulous Alden Run

Saturday July 27, 2019 9:00 a.m.

Date _____ Female ____ Male ____ Age on Race Day _____

Name _____ Birthday _____

Address _____

City _____ State ____ Zip Code _____

Phone _____ Email _____

Emergency Contact Name _____ Phone _____

Event 5K Run _____ 10K Run _____ Fun Walk _____ **Shirt Size** S M L XL

Waiver of Liability

In consideration of my entry, I intend to be legally bound for myself, my heirs, executors and administrators to waive, release, and forever discharge any and all right and claims which I may hereafter accrue to/against the sponsors and officials of the race herein described and their respective officers, representatives, agents, successors and/or assigns, including USATF and DABA, while traveling to or from or participating in this event. I am in proper physical condition to participate in the event for which I am registered. I hereby give permission to the Alden Run to use my image/photographic likeness in media for lawful purposes, including any images you may take of me on race day, without compensation.

Signature of Participant -OR- Guardian Signature for those under 18.

Cut below here & mail the top half to **Alden Run PO Box 444 Alden MI 49612**

Registration - Online registration at www.aldenrun.com -or- completed paper forms may be mailed in or dropped off at **The Muffin Tin** or **Carter's Candles**.

Deadline - The deadline for pre-registration is Wed. July 24th.

Fees - Pre-registration fees are \$20.00

Registration fees after 7/24 are \$25.00

Make checks payable to Alden Run

No refunds

Course Information - This USA Track & Field sanctioned course is fun, challenging & covers hills, paved gravel, & dirt roads. *New* Fun Walk is now 2 miles on all paved roads. Stroller friendly!

Awards - Overall F/M winners for each event

Overall F/M Masters winners

First, Second & Third place winners in each age group

(14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, &70+)

Proceeds - Downtown Alden Business Assoc. & Bellaire & Mancelona Cross Country Teams

Event Registration & Packet Pickup – 7/26 4 – 6 pm or beginning at

7:30 on race day at the Helena Township Community Center

